



AFFORDABLE ADVENTURES **TEAM BUILDING**

EVERYTHING A **SUCCESSFUL** TEAM NEEDS

MINI OLYMPICS

Mini Olympics is a great team building activity designed to create teamwork and healthy competition in a fun and competitive environment. We have a selection of activities you can select from to create your own tailor make activity.

This activity divides delegates into teams where they compete in different disciplines. The Winning team is established by combining winning times and points. A series of Mini Olympic games, competing for the fastest team and mostly in relay to see who wins the series.

Some of the activities available includes: Octopus hoola hoops, Giant ball between the legs squeeze and hop, Panti-hose & skittle knock-out, Newspaper conveyer belt Tug of war and more.

Those that are not partaking, need to form Supporter / Cheerleader Groups.

OBJECTIVE & SKILL

Teamwork, Goal Orientation, Planning, Strategic Thinking, Having Fun

LEVEL OF ACTIVITY

Medium to High

LOCATION

Outdoors

TIME ALLOCATION

3 - 4 Hours

GROUP SIZE

Ideal for overall group size 20 delegates or more.