



## AFFORDABLE ADVENTURES **TEAM BUILDING**

EVERYTHING A **SUCCESSFUL** TEAM NEEDS

### **OBJECTIVE & SKILL**

Teamwork, Strategic Thinking, Networking

### **LEVEL OF ACTIVITY**

Light

### **LOCATION**

Indoor

### **TIME ALLOCATION**

1 - 2 Hours

### **GROUP SIZE**

Ideal for overall group size of 20 delegates or more.

## **SPEED NETWORKING**

A non-evasive team building activity to kick off discussions about personal relationships within the workplace. This is a speed networking exercise in which you request team members to answer a number of different speed questions.

Example of some of these questions are:

- What makes you happy/sad/angry?
- How would your best friend describe you?
- What is your dream job?
- What are you most passionate about?

The answers to these questions are often fun and more importantly very revealing on what the person is about and provides a great insight on their personality.

Every 5 minutes you will get to meet a “new” person.