



## AFFORDABLE ADVENTURES **TEAM BUILDING**

EVERYTHING A **SUCCESSFUL** TEAM NEEDS

### **THE COOKING MASTER CLASS**

Get your taste buds working. Look forward to this cook and eat team building activity that focusses on learning a new skill and allowing delegates to socialise at the same time.

Some background information is discussed regarding the interesting ingredients used and guests will be amazed at how easy it is to cook.

Recipes focus on Eastern Flavours and delegates are given a copy of the recipes to take home.

If you've ever thought of yourself as a budding chef, now's your chance to dress up and act the part. We provide delegates with aprons to use and chefs hats, all the equipment and cooking stations required to make 3 delicious meals. The event duration is a minimum of 2 hours but can take as long as it takes to cook, eat and socialise whilst enjoying the culinary experience.

#### **OBJECTIVE & SKILL**

Listening, Communication and Social Skills

#### **LEVEL OF ACTIVITY**

Light

#### **LOCATION**

Non-carpeted floor, access to water & electricity.  
A choice of 2 venues are available if required.

#### **TIME ALLOCATION**

2 - 3 hours, depending on the number of delegates

#### **GROUP SIZE**

Ideal for overall group size of 12 - 40 delegates.